COVID safe plan

Club Name: Western Districts Junior Rugby Union (ACT) Plan Updated: 7th February 2020 COVID Coordinator Lisa McPherson Contact details -email <u>vicepresident@westsjuniorlions.com.au</u> Or <u>lisa@nexushumanservcies.com.au</u> Phone 0421 402 773

Overview

Western Districts Junior Rugby Union (ACT) is committed to ensuring it's COVID safe plan is in accordance with the ACT & SNSW Rugby Union COVID-19 Framework for Community Rugby and advice from ACT Government.

The following measures are in place to ensure we are providing a safe environment for our players, families, and spectators.

Key Messages

- Follow the Get in, train, play and get out approach and avoid mingling before and after training/playing.
- Role model and encourage social distancing.
- Sign in with the QR code or from advice form ACT Government.
- Use hand sanitiser before and after training /playing.
- DO NOT ATTEND IF YOU ARE UNWELL players will be sent away if unwell.
- Bring your own water with name on it. No sharing of water bottles
- Jerseys will need to be taken home and washed by each player and brought back to wear on match day.

COVID Safe plan	The plan will be shared with Coaches/ Club officials and players. A copy of the plan will be kept in the equipment room.
	ACT & SNSW Rugby Union staff have been notified of the COVID Compliance Officer.
QR Codes	QR Code is displayed on entrance (near the canteen) for all attendees to access.
	Advice will be followed from ACT Government on QR requirements.

Hygiene and Sanitation	Sanitation products will be at the entry (canteen area and whoever is accessing the field is encouraged to use the sanitation products at entry and exit. Everyone is also encouraged to practice hygiene procedures, such as hand washing and sanitation.
Social distancing	Everyone is encouraged to role model and encourage social distancing.
Information displays	Posters re social distancing and general hygiene measures will be displayed.
Change rooms	Players are encouraged to come ready to train and play to minimise use of change rooms. Signage will be shown as to how many people are to be inside each indoor area.
Vaccinations	Vaccinations are encouraged as per heath advice.
Mask	Mask wearing is encouraged as per heath advice.
Updates as per state and territory advice	Updates will be sent via social media on any relevant advice.
Canteen / Coffee Van	Clear markings for queue positioning with 1.5m distance between each one will be displayed. Signage will be shown as to how many people are to be inside each indoor area.